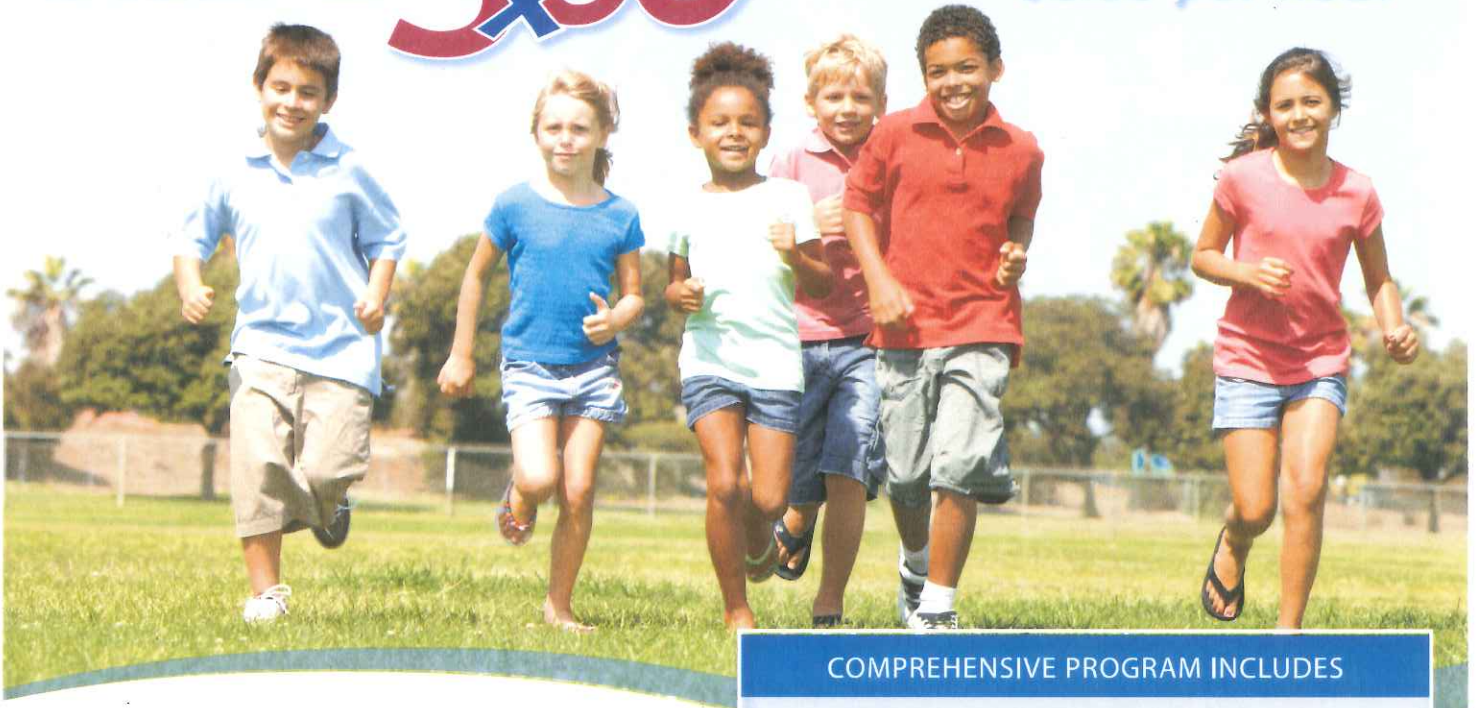


Classes led by Nationally Certified, Bachelor Degreed Trainers  
**Small Group Personal Training Just for KIDS!**

# KIDS360

Packages as low as  
**\$8.50 per hour**



Introducing a fun and exciting way for your children to participate in a non-competitive exercise program, improving their overall health while building confidence.

Classes are held on **Mondays** and **Thursdays** at **6:30 p.m.** and **Saturdays** at **10:30 a.m.** Classes meet in the Group Personal Training Studio and focus on progressive workouts utilizing multiple areas of the facility.

For more information,  
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**COMPREHENSIVE PROGRAM INCLUDES**

- Strength
- Endurance
- Agility
- Coordination
- Balance
- Flexibility
- Confidence
- Education

**KIDS360**

**PRICING**

SESSIONS	PRICE	COST PER HOUR
1	\$20	\$20
4 intro.	\$50	\$12.50
10	\$150	\$15
20	\$260	\$13
40	\$440	\$11
Unlimited	- \$99 per month -	



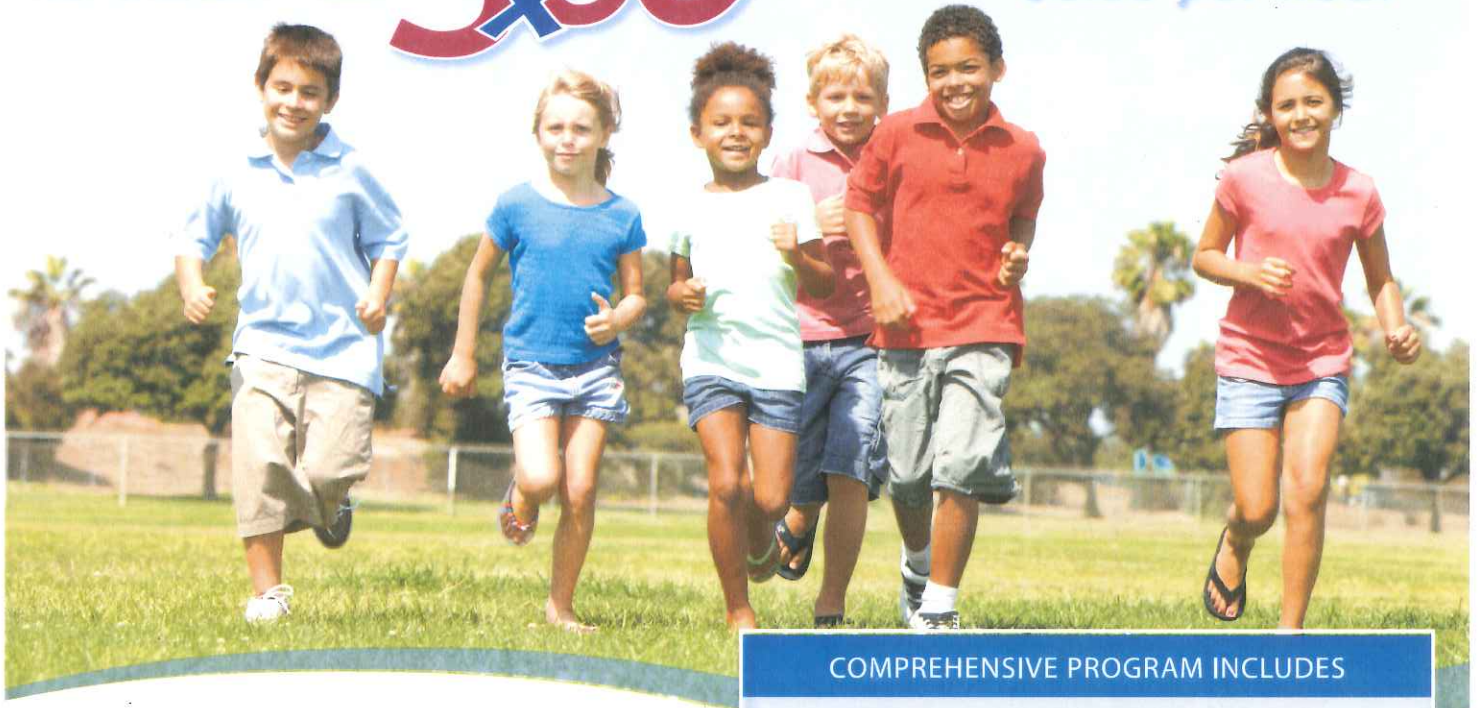
**AtlantiCare**  
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**Taking You Well Into The Future**  
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 Egg Harbor Township, NJ

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