

## **Important Nurse's Office Information**

### **Medications:**

- ✚ For grades PK – 3<sup>rd</sup> grade, no cough drops are allowed to be sent on the bus, it is a choking hazard. I have cough drops in my office.
- ✚ For grades 4<sup>th</sup> to 8<sup>th</sup>, cough drops from home are allowed with a note from the parent and I must sign it.
- ✚ Medications must be brought in by the parent, **never** sent in on the bus.
- ✚ Medication given in school must have a doctor's order and parent signature; the forms are in my office and online in the nurse's tab.
- ✚ All medication must be in the original bottle and has the original label with prescription instructions.
- ✚ All medications must be picked up by the last day of school or they will be discarded.

### **When to keep them home:**

- ✚ A student must stay home if they have a fever over 100, vomiting or have diarrhea. Illness spreads quickly in school, especially in the younger grades where they are sharing one bathroom.
- ✚ A student is not allowed to come back to school until they are 24 hours free of fever (without the use of medication), vomiting, and/or diarrhea.
- ✚ If your child goes to the doctor and has something contagious, please let me know so I can monitor for other possible ill children.

### **Gym Notes:**

- ✚ A student can be excused from one gym class with a note from his/her parent. If it will be more than one day a doctor's note will be needed.

### **Head Lice:**

- ✚ Head lice are a constant in elementary school. They do not cause illness or infection, they do not jump, fly or swim, and you can only get them from another human that has head lice. Direct head to head contact is how they are transmitted.
- ✚ If your child has lice please let me know. I have good information on how to get rid of them and can help by checking your child's head at school.
- ✚ If your child has head lice I will call and let you know. A head lice shampoo treatment must be done before they can return to school. These are over the counter and should be done once a week for at least 3 weeks along with daily combings with a lice comb. Everyone in the house will need a head check as well.